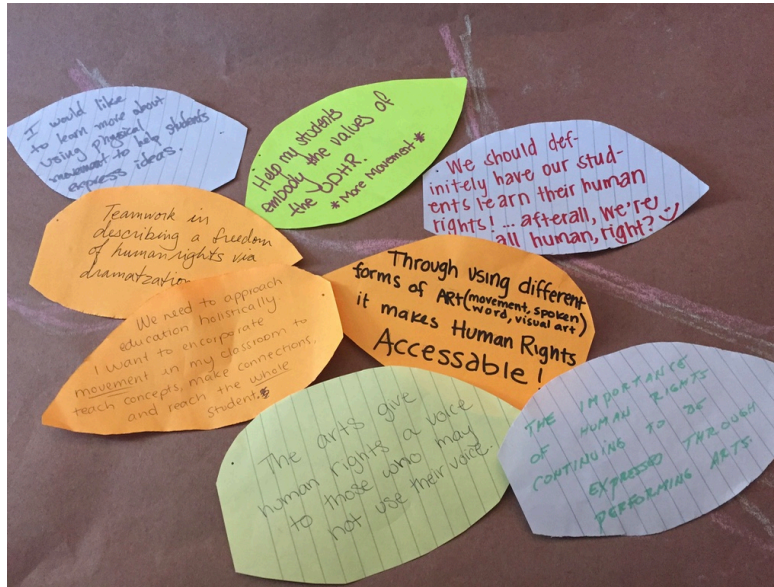


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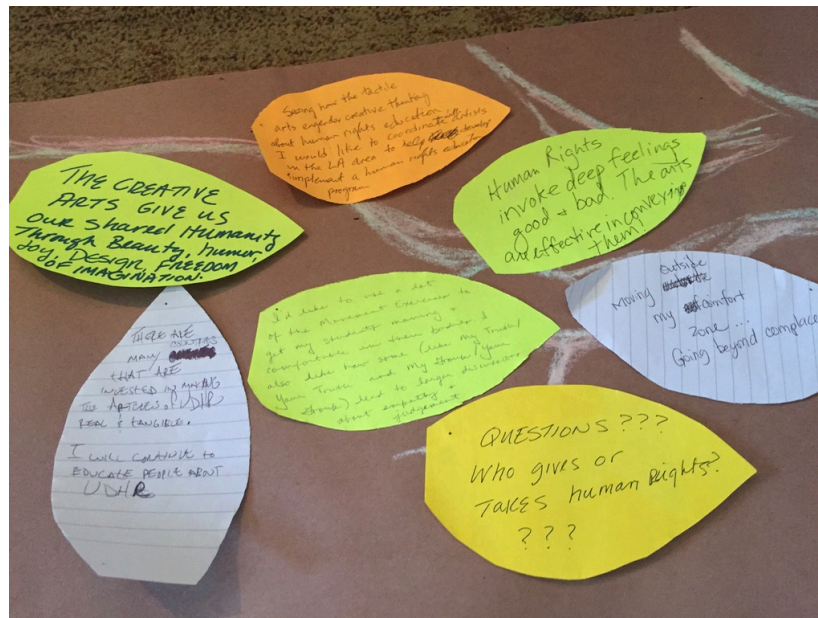
PARTICIPANT REFLECTIONS ON APPLYING INSTITUTE EXPERIENCE & USE OF THE CREATIVE ARTS



- The importance of Human Rights continuing to be expressed through the performing arts.
- The arts give human rights a voice to those who may not use their voice.
- Through using different forms of art (movement, spoken word, visual art) it makes Human Rights accessible!
- We need to approach education holistically. I want to incorporate movement in my classroom to teach concepts, make connections, and reach the whole student.
- Teamwork in describing a freedom of human rights via dramatization.
- I would like to learn more about using physical movement to help students express ideas.
- Help my students embody the values of the UDHR. \*More Movement\*
- We should definitely have our students learn their human rights!...after all, we're all human, right? 😊

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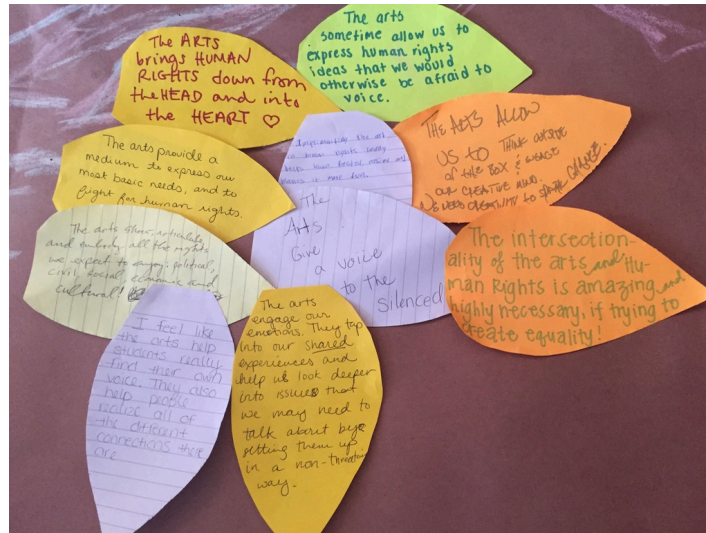
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- There are many countries that are interested in making the Articles of the UDHR real and tangible. I will continue to educate people about the UDHR.
- The creative arts give us our shared humanity through beauty, humor, joy, design, freedom of imagination.
- Seeing how the tactile arts engender creative thinking about human rights education, I would like to coordinate with artists in the LA area to help develop and implement a human rights education program.
- I'd like to use a lot of the Movement Exercises to get my students moving and comfortable in their bodies. I also like how some (like My Truth/Your Truth and My Group/Your Group) lead to larger discussions about empathy and judgement.
- Human Rights invoke deep feelings good & bad. The arts are effective in conveying them!
- Moving outside my comfort zone...Going beyond complacency.
- Questions??? Who give or takes Human Rights???

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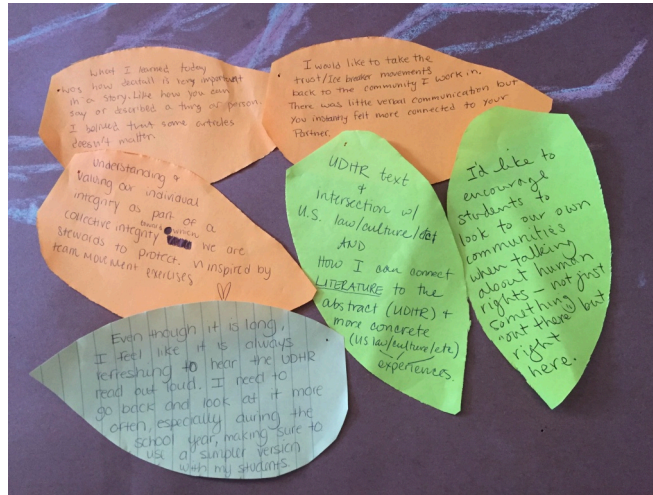
**PARTICIPANT REFLECTIONS ON APPLYING INSTITUTE EXPERIENCE & USE OF THE CREATIVE ARTS**



- The ARTS brings HUMAN RIGHTS down from the HEAD and into the HEART ♥
- I feel like the arts help students really find their own voice. They also help people realize all the different connections there are.
- The intersectionality of the arts and Human Rights is amazing and highly necessary, if trying to create equality!
- Implementing the arts in human rights really helps learn faster, easier, and makes it more fun.
- The Arts give a voice to the silenced.
- The arts show, articulate and embody all the rights we expect to enjoy: political, civil, social, economic and cultural!
- The arts provide a medium to express our most basic needs, and to fight for human rights.
- The Arts allow us to think outside of the box and engage our creative mind. We need creativity to spark change.
- The arts engage our emotions. They tap into our shared experiences and help us look deeper into issues that we may need to talk about by getting them up in a non-threatening way.
- The arts sometimes allow us to express human rights ideas that we would otherwise be afraid to voice.

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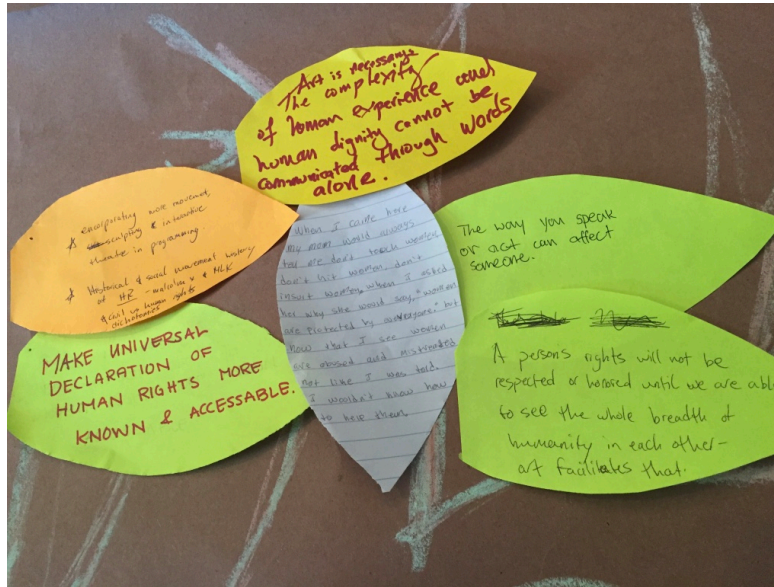


- What I learned today was how detail is very important in a story. Like how you can say or describe a thing or person.
- Understanding and valuing our individual integrity as part of a collective integrity toward which we are stewards to protect. Inspired by team movement exercises. ♥
- Even though it is long, I feel like it is always refreshing to hear the UDHR read out loud. I need to go back and look at it more often, especially during the school year, making sure to use a simpler version with my students.
- I would like to take trust/Ice breaker movements back to the community I work in. There was little verbal communication but you instantly felt more connected to your Partner.
- UDHR text and intersection with U.S. law/culture/etc. AND How I can connect LITERATURE to the abstract (UDHR) and more concrete (U.S. law/culture/etc.) experiences.
- I'd like to encourage students to look to our own communities when talking about human rights – not just something “out there” but right here.



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- A person's rights will not be respected or honored until we are able to see the whole breadth of humanity in each other – art facilitates that.
- When I came here my mom would always tell me, “Don’t touch women, don’t insult women.” When I asked her why she would say, “Women are protected by everyone.” But now that I see women are abused and mistreated, not like I was told. I wouldn’t know how to help them.
- Art is necessary. The complexity of human experience and human dignity cannot be communicated through words alone.
- The way you speak or act can affect someone.
- Make Universal Declaration of Human Rights more known and accessible.

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**REFLECTIONS FILL THE BRANCHES OF THE HUMAN RIGHTS TREE**

